

WEEK 1 (4 July - 10 July)

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Morning	Arrival new students OR Organised activities	Breakfast (From 8am)					
		Lessons					
Afternoon		Lunch (From 12:00)					
Option 1		Local Area Bedford Walking Tour	Physical Activity Fun British Outdoor Games	Local Area Visit to nature areas near Bedford	Challenge & Discovery Treasure hunt	Physical Activity Swimming	Full day trip to London
Option 2			Creativity & Arts Art & Craft		Local Area Museum visit	Physical Activity Outdoor Sports	
Option 3			Spires Plus		Spires Plus	Spires Plus	
Evening	Dinner (From 17:45)						
Option 1	Welcome	Physical Activity Rounders/ Cricket	Social Activity Karaoke	Creativity & Arts Talent/ Fashion Show	Social Activity Disco	Social Activity Just Dance/ Party	Social Activity Chill/ Movie



£395

Optional Instruction for 6 hours in:

- + Entrepreneurship
- + STEAM
- + Horse riding
- + Intensive English
- + Tennis
- + Dance and Performing arts

Excursion

Full day trip to London including a River Cruise, Walking Tour and Shopping

Embankment
 Big Ben
 Houses of Parliament
 Westminster Abbey
 Downing Street
 Horse Guard's Parade
 Buckingham place

WEEK 2 (11 July - 17 July)

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
Morning	Arrival new students OR Full day trip to Cambridge	Breakfast (From 8am)						Full day trip Warwick Castle & Stratford-upon-Avon
		Lessons						
Afternoon		Lunch (From 12:00)						
Option 1		Challenge & Discovery Scavenger hunt	Creativity & Arts Art & Craft	Challenge & Discovery A-Z treasure hut	Social Activity Bedford shopping	Physical Activity Swimming		
Option 2		Local Area Bedford Walking Tour	Physical Activity Fun British Outdoor Games	Local Area Visit to nature areas near Bedford	Creativity & Arts Make a TIK TOK video	Physical Activity Swimming		
Option 3			Spires Plus	Optional extra* Silsoe / Wrest Park	Spires Plus	Spires Plus		
Evening	Dinner (From 17:45)							
Option 1	Welcome	Social Activity Speed friending	Physical Activity Indoor Games	Social Activity Quiz night	Challenge & Discovery Graduation Caps	Social Activity Bingo	Social Activity Chill	
Option 2			Physical Activity Rounders/ Cricket		Social Activity Karaoke	Social Activity Just Dance/ Party	Social Activity Movie	

WEEK 3 (18 July - 24 July)

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
Morning	Arrival new students OR Full day trip to London	Breakfast (From 8am)						Full day trip to Oxford
		Lessons						
Afternoon		Lunch (From 12:00)						
Option 1		Challenge & Discovery Scavenger hunt	Creativity & Arts Art & Craft	Challenge & Discovery A-Z treasure hut	Social Activity Bedford shopping	Physical Activity Outdoor Sports		
Option 2		Local Area Bedford Walking Tour	Physical Activity Fun British Outdoor Games	Local Area Visit to nature areas near Bedford	Creativity & Arts Make a TIK TOK video	Physical Activity Swimming		
Option 3			Spires Plus	Physical Activity Swimming/ Sports	Spires Plus	Spires Plus		
Evening	Dinner (From 17:45)							
Option 1	Welcome	Social Activity Speed friending	Physical Activity Indoor Games	Social Activity Quiz night	Challenge & Discovery Graduation Caps	Social Activity Bingo	Social Activity Chill	
Option 2			Physical Activity Rounders/ Cricket		Social Activity Karaoke	Social Activity Just Dance/ Party	Social Activity Movie	

WEEK 4 (25 July - 31 July)

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Morning	Arrival new students OR Full day trip to London	Breakfast (From 8am)					
		Lessons					Full day trip to Cambridge
Afternoon		Lunch (From 12:00)					
Option 1		Challenge & Discovery Scavenger hunt	Creativity & Arts Art & Craft	Challenge & Discovery A-Z treasure hut	Social Activity Bedford shopping	Physical Activity Outdoor Sports	
Option 2		Local Area Bedford Walking Tour	Physical Activity Fun British Outdoor Games	Local Area Visit to nature areas near Bedford	Creativity & Arts Make a TIK TOK video	Physical Activity Swimming	
Option 3			Spires Plus	Optional extra * Silsoe / Wrest Park	Spires Plus	Spires Plus	
Evening	Dinner (From 17:45)						
Option 1	Welcome	Social Activity Speed friending	Physical Activity Indoor Games	Social Activity Quiz night	Challenge & Discovery Graduation Caps	Social Activity Bingo	Social Activity Chill
Option 2			Physical Activity Rounders/ Cricket		Social Activity Karaoke	Social Activity Just Dance/ Party	Social Activity Movie



£395

Excursion 1

Excursion 2

Optional Instruction for 6 hours in:

+ Entrepreneurship
+ STEAM
+ Horse riding
+ Intensive English
+ Tennis
+ Dance and Performing arts

Full day trip to London - Including a River Cruise, Walking Tour & Shopping

Embankment
Big Ben & Houses of Parliament
Westminster Abbey
Downing Street
Horse Guard's Parade
St James' Park
Buckingham Palace
The Mall
Trafalgar Square
Covent Garden
China Town

Full day trip to Cambridge - Including 'Cambridge Walking Tour' & Shopping

University of Cambridge
Queens College, University of Cambridge
St Bene't's Church

WEEK 5 (1 August - 8 August)

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Morning	Arrival new students OR Full day trip to London	Breakfast (From 8am)						
		Lessons					Full day trip to Oxford	Departures
Afternoon		Lunch (From 12:00)						
Option 1		Challenge & Discovery Scavenger hunt	Creativity & Arts Art & Craft	Challenge & Discovery A-Z treasure hut	Social Activity Bedford shopping	Physical Activity Outdoor Sports		
Option 2		Local Area Bedford Walking Tour	Physical Activity Fun British Outdoor Games	Local Area Visit to nature areas near Bedford	Creativity & Arts Make a TIK TOK video	Physical Activity Swimming		
Option 3			Spires Plus	Physical Activity Swimming/ Sports	Spires Plus	Spires Plus		
Evening	Dinner (From 17:45)							
Option 1	Welcome	Social Activity Speed friending	Physical Activity Indoor Games	Social Activity Quiz night	Challenge & Discovery Graduation Caps	Social Activity Bingo	Social Activity Chill	
Option 2			Physical Activity Rounders/ Cricket		Social Activity Karaoke	Social Activity Just Dance/ Party	Social Activity Movie	



SPIRES⁺

£395

Excursion 1

Full Day Trip to London - Including a Culture Walking Tour

The British Museum & Marble Arch
Carnaby Street & Science Museum
Oxford Street & Harrods Selfridges
& Hyde Park

Excursion 2

Full day trip to Oxford - Including 'Oxford Walking Tour'

Carfax Tower & St Mary's
Passage Swindlestock Tavern &
University Church Tom Tower &
Bodleian Library
Christ Church College & Bridge
of Sighs
Merton College & Oxford Martyrs
Corpus Christi College

Optional Instruction for 6 hours in:

+ Entrepreneurship
+ STEAM
+ Horse riding
+ Intensive English
+ Tennis
+ Dance and Performing arts