

# Packing list

Here is a list of suggested items to bring with you on any Oxford Spires programme. They are suggestions – you may not need everything listed, and you may need additional items (for example if you wear contact lenses or glasses).

## Clothes

Pack what you will need for one week, after which time we will help you do your laundry. Remember: English weather can be unpredictable!

- ☐ Trainers and sandals
- ☐ Shorts
- ☐ Jeans/trousers
- ☐ Underwear
- ☐ Socks
- ☐ Pyjamas
- ☐ T-shirts
- ☐ Jumper or hoodie
- ☐ Clothes for sport
- ☐ Hat and/or sunglasses
- ☐ Waterproof jacket
- ☐ Umbrella
- ☐ Smart clothes for disco
- ☐ Swimwear

## Toiletries

- ☐ Toothbrush and toothpaste
- ☐ Deodorant
- ☐ Shower gel or soap
- ☐ Shampoo and conditioner
- ☐ Brush/comb
- ☐ Sun cream
- ☐ Sanitary products
- ☐ Towels *\*important! These are NOT provided at residential centres! Towels ARE provided in homestay accommodation.*

## Money

- ☐ Weekly pocket money (we recommend approximately £100 per week for shopping, souvenirs, and snacks)
- ☐ Laundry: £3 per wash and £2 per dry

## Other

- ☐ Passports, travel tickets, and consent to travel form
- ☐ Chargers and cables
- ☐ International plug adapter
- ☐ Small rucksack/bag for excursion days
- ☐ Reusable water bottle
- ☐ Medicine you regularly take

## What NOT to bring

- ✗ Bedding (sheets, pillows, etc.)
- ✗ Expensive electronics/jewellery, etc.
- ✗ Kitchen appliances (kettle, iron, rice cooker, etc.)

*You may bring small electrical appliances such as a hair dryer, but these must be used safely, and must be switched off when you are not in your room.*



## Any questions?

See our FAQ at [www.oxfordspires.education](http://www.oxfordspires.education) or email [info@oxfordspires.education](mailto:info@oxfordspires.education)

